

Dr. med. Martina Zangger

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Postgraduate Period and MD Thesis

Since 04/2022	PhD student at Institute of Primary Health Care (BIHAM) University of Bern, Switzerland
01/2020 – 03/2022	Residency, Department of General Internal Medicine, Thun Hospital

Pregraduate Period and MD Thesis

11/2021	Swiss Board Examination in General Internal Medicine
09/2019	Federal Exam
2018-2019	MD Thesis "Linking the Menopause Rating Scale to the International Classification of Functioning, Disability and Health"
	Medical School, University of Bern, Switzerland
2012-2019	Multiple clinical internships
2015-2019	Teaching assistant in anatomy courses
2014-2018	Tutor in peer tutorials for medical students
2014-2017	
2005-2011	Gymnasium Hohe Promenade, Zürich, Switzerland

Research Projects

Grants & Awards

05/2021	"Young Talents in Clinical Research" Beginner Grant of the SAMS and G. & J. Bangerter-Rhyner Foundation For the project "Tackling Potentially Inappropriate Prescriptions in Swiss Primary Care: Sustainability and Spillover Effect of an eHealth Solution for General Practitioners and Patients with Polypharmacy"
11/2017	2 nd Place "Neues aus der Wissenschaft" of the German Menopause Society Für den project: „Towards the Implementation of the International Classification of Functioning, Disability and Health (ICF) in Menopause Health Care: A Systematic Review of the Diffusion of the ICF in Switzerland"

Publications

- C. Weber, F. Thönen, **M. Zangger**, P. Stute, Limitations in functioning in climacteric syndrome: a systematic literature review using the ICF, *Climacteric*. (2021) 1–8. <https://doi.org/10.1080/13697137.2021.1985993>.
- M. Sourouni, **M. Zangger**, L. Honermann, D. Foth, P. Stute, Assessment of the climacteric syndrome: a narrative review, *Arch Gynecol Obstet*. (2021). <https://doi.org/10.1007/s00404-021-06139-y>.
- **M. Zangger**, C. Wälchli, U. Stefenelli, P. Stute, The use of mobile health applications for the prevention of non-communicable diseases, *Health Technol*. (2021). <https://doi.org/10.1007/s12553-021-00536-8>.
- **M. Zangger**, C. Weber, P. Stute, Developing an ICF Core Set for Climacteric Syndrome based on the International Classification of Functioning, Disability and Health (ICF), *Maturitas*. 143 (2021) 197–202. <https://doi.org/10.1016/j.maturitas.2020.10.014>.
- **M. Zangger**, P. Stute, Holistische Erfassung klimakterischer Beschwerden: Chancen der Internationalen Klassifikation der Funktionsfähigkeit, Behinderung und Gesundheit (ICF), *Gynäkologische Endokrinologie*. (2020). <https://doi.org/10.1007/s10304-020-00350-x>.
- **M. Zangger**, A. Schueck, M. von Wolff, P. Stute, Chronic non-communicable disease risk

calculators – An overview, part I, *Maturitas*. 143 (2021) 25–35.
<https://doi.org/10.1016/j.maturitas.2020.07.009>.

- F. Juchli, **M. Zangger**, A. Schueck, M. von Wolff, P. Stute, Chronic Non-Communicable Disease Risk Calculators – An Overview, Part II, *Maturitas*. 143 (2021) 132–144.
<https://doi.org/10.1016/j.maturitas.2020.10.003>.
- **M. Zangger**, D. Poethig, F. Meissner, M. von Wolff, P. Stute, Linking the menopause rating scale to the International classification of functioning, disability and health – A first step towards the implementation of the EMAS menopause health care model, *Maturitas*. 118 (2018) 15–19. <https://doi.org/10.1016/j.maturitas.2018.10.003>.
- **M. Zangger**, D. Poethig, F. Meissner, M. von Wolff, P. Stute, Towards ICF implementation in menopause healthcare: a systematic review of ICF application in Switzerland, *Swiss Medical Weekly*. 147 (2017). <https://doi.org/10.4414/smw.2017.14574>.